



# Chisago County Health and Human Services Public Health Division



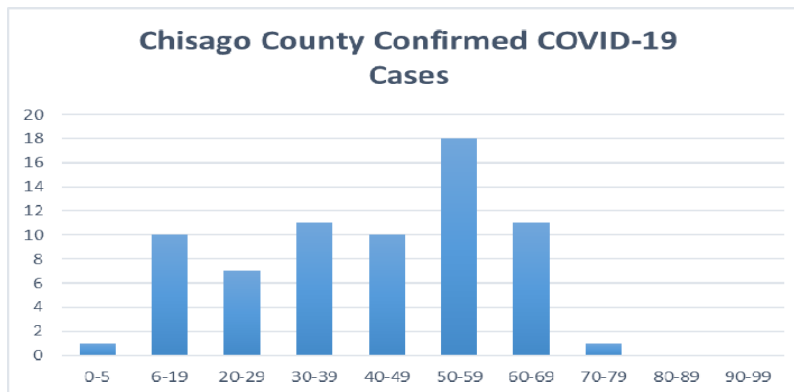
## **FOR IMMEDIATE RELEASE**

(06/08/20)

### **COVID-19 affects all Age Groups in Chisago County**

**\*\*MEDIA ADVISORY\*\***

It has been shown that COVID-19 causes the most severe health issues for adults over the age of 65 — with particularly fatal results for those 80 years and older. This is due in no small part to the number of underlying health conditions present in older populations. Conditions like diabetes, heart disease, and other chronic illnesses can lead to more intense symptoms and complications in the disease. Though, younger people and those below the age of 65 are not immune to this disease. The average age of confirmed COVID-19 cases in Chisago County at this time is 42. Below is the breakdown of Chisago County's current age distribution of those who have tested positive for COVID-19. As it shows, those infected between the ages of 0-5 and 70-99 are very low.



Still, across the nation it appears the majority of younger and middle-age adults with the coronavirus will experience mild symptoms and are less likely to die from the illness. Though, in Chisago County, the average age of those confirmed with COVID-19 that required hospitalization is 54. By comparison, Minnesota's average age of those being hospitalized is 61.

Public health wants to stress the importance for younger and middle-aged people to continue to practice social distancing by staying away from large gatherings and staying home if they feel sick. Persons of all ages and communities can take actions to help slow the spread of COVID-19 and protect older adults.



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For the latest information about COVID-19 in Chisago County, visit  
@ChisagoCountyPublicHealth on Facebook or the Chisago County COVID-19  
Information page, <https://www.chisagocounty.us/1144/COVID-19-Information>.