

FREEZE THE DISEASE

Cover your nose and mouth this winter,
it will be cold out anyway

FREEZE!

6 FEET



Enjoy the freezing
weather this winter by
getting outside even
when it's work

Be a good neighbor this winter
and stay one shovel away from
others (outside of your immediate
household)

Freeze from leaving
your home if you are
sick and monitor your
health

**FREEZE THE DISEASE Chisago County to help
protect our most vulnerable population**



Public Health
Prevent. Promote. Protect.
Chisago County



@ChisagoCountyPublicHealth

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